



MILK SERIES

THE KINGDOM OF YAH

LESSON NO. 14 YAH'S REST

Over the years I have heard people have discussions concerning YAH's Rest and Messiah being the Rest of YAH's saints. I feel many use these two precepts as an excuse not to observe YAH's Sabbath, or that YAH's Sabbath can be properly observed every day of the week. Let us as new saints of YAH look into the word of YAH and see what YAH considers to be His rest and how are we to enter into it. Unbelief on the part of our fore-fathers prevent them from entering into YAH's rest. Every man "doing that which is right in his own eyes" has and will keep the vast majority of men from entering into YAH's rest. As we will find that YAH's rest does not have anything to do with a day, a holiday or feast day, but has all to do with Salvation, promised land and entering into His Kingdom.

Isaiah 66:1 Thus saith YAH, The heaven is my throne, and the earth is my footstool:
where is the house that ye build unto me?
and **where is the place of my rest?**

What Is the place of YAH's rest? (Psalm 132:12-16)

Psalms 132:12 If thy children will keep my covenant and my testimony that I shall teach them, their children shall also sit upon thy throne for evermore.

13 **For YAH hath chosen Zion; he hath desired it for his habitation.**

14 **This is my rest for ever: here will I dwell; for I have desired it.**

15 I will abundantly bless her provision: I will satisfy her poor with bread.

16 I will also clothe her priests with salvation: and her saints shall shout aloud for joy.

Ps 132:14 This *is* my rest מנוחה for ever עד: here will I dwell ישב; for I have desired אוד it.

4496. m@nuwchah

[Search for H4496 in KJVSL](#)

מנוחה m@nuwchah *men-oo-khaw'*

or mnuchah {men-oo-khaw'}; feminine of 4495; repose or (adverbially) peacefully; figuratively, consolation (specifically, matrimony); hence (concretely) an abode:-- comfortable, ease, quiet, rest(-ing place), still.

Strong's Hebrew Dictionary**3427. יָשַׁב yashab (yâshab)**

[Search for H3427 in KJVSL](#); in [KJV](#).

יָשַׁב yâshab, *yaw-shab'*

a primitive root; properly, to sit down (specifically as judge. in ambush, in quiet); by implication, to dwell, to remain; causatively, to settle, to marry:—(make to) abide(-ing), continue, (cause to, make to) dwell(-ing), ease self, endure, establish, × fail, habitation, haunt, (make to) inhabit(-ant), make to keep (house), lurking, × marry(-ing), (bring again to) place, remain, return, seat, set(-tle), (down-) sit(-down, still, -ting down, -ting (place) -uate), take, tarry.

verb

What is another name for Zion? (Isa 2:3)

Isaiah 2:3 And many people shall go and say, Come ye, and let us go up to the mountain of YAH, to the house of the Elohim of Jacob; and he will teach us of his ways, and we will walk in his paths: for out of Zion shall go forth the law, and the word of YAH from Jerusalem.

What kept the people out of Zion/Jerusalem? (Psa 95:6-11)

Psalms 95:6 O come, let us worship and bow down: let us kneel before YAH our maker.

7 For he is our Elohim; and we are the people of his pasture, and the sheep of his hand. To day if ye will hear his voice,

8 Harden not your heart, as in the provocation, and as in the day of temptation in the wilderness:

9 When your fathers tempted me, proved me, and saw my work.

10 Forty years long was I grieved with this generation, and said, It is a people that do err in their heart, and they have not known my ways:

11 Unto whom I sware in my wrath that they should not enter into my rest. (See Numbers 13 and 14)

What was the provocation? (Num 13 and Num 14)

The Provocation:

Numbers 13:1 And YAH spake unto Moses, saying,

2 Send thou men, that they may search the land of Canaan, which I give unto the children of Israel: of every tribe of their fathers shall ye send a man, every one a ruler among them.

3 And Moses by the commandment of YAH sent them from the wilderness of Paran: all those men were heads of the children of Israel.

Numbers 13:16 These are the names of the men which Moses sent to spy out the land. And Moses called Oshea the son of Nun Jehoshua.

17 And Moses sent them to spy out the land of Canaan, and said unto them, Get you up this way southward, and go up into the mountain:

18 And see the land, what it is; and the people that dwelleth therein, whether they be strong or weak, few or many;

19 And what the land is that they dwell in, whether it be good or bad; and what cities they be that they dwell in, whether in tents, or in strong holds;

20 And what the land is, whether it be fat or lean, whether there be wood therein, or not. And be ye of good courage, and bring of the fruit of the land. Now the time was the time of the firstripe grapes.

21 So they went up, and searched the land from the wilderness of Zin unto Rehob, as men come to Hamath.

22 And they ascended by the south, and came unto Hebron; where Ahiman, Sheshai, and Talmi, the children of Anak, were. (Now Hebron was built seven years before Zoan in Egypt.)

23 And they came unto the brook of Eshcol, and cut down from thence a branch with one cluster of grapes, and they bare it between two upon a staff; and they brought of the pomegranates, and of the figs.

24 The place was called the brook Eshcol, because of the cluster of grapes which the children of Israel cut down from thence.

25 And they returned from searching of the land after forty days.

26 And they went and came to Moses, and to Aaron, and to all the congregation of the children of Israel, unto the wilderness of Paran, to Kadesh; and brought back word unto them, and unto all the congregation, and shewed them the fruit of the land.

27 And they told him, and said, We came unto the land whither thou sentest us, and surely it floweth with milk and honey; and this is the fruit of it.

28 Nevertheless the people be strong that dwell in the land, and the cities are walled, and very great: and moreover we saw the children of Anak there.

29 The Amalekites dwell in the land of the south: and the Hittites, and the Jebusites, and the Amorites, dwell in the mountains: and the Canaanites dwell by the sea, and by the coast of Jordan.

30 And Caleb stilled the people before Moses, and said, Let us go up at once, and possess it; for we are well able to overcome it.

31 But the men that went up with him said, We be not able to go up against the people; for they are stronger than we.

32 And they brought up an evil report of the land which they had searched unto the children of Israel, saying, The land, through which we have gone to search it, is a land that eateth up the inhabitants thereof; and all the people that we saw in it are men of a great stature.

33 And there we saw the giants, the sons of Anak, which come of the giants: and we were in our own sight as grasshoppers, and so we were in their sight.

Numbers 14:1 And all the congregation lifted up their voice, and cried; and the people wept that night.

2 And all the children of Israel murmured against Moses and against Aaron: and the whole congregation said unto them, Would Elohim that we had died in the land of Egypt! or would Elohim we had died in this wilderness!

3 And wherefore hath YAH brought us unto this land, to fall by the sword, that our wives and our children should be a prey? were it not better for us to return into Egypt?

4 And they said one to another, Let us make a captain, and let us return into Egypt.

5 Then Moses and Aaron fell on their faces before all the assembly of the congregation of the children of Israel.

6 And Joshua the son of Nun, and Caleb the son of Jephunneh, which were of them that searched the land, rent their clothes:

7 And they spake unto all the company of the children of Israel, saying, The land, which we passed through to search it, is an exceeding good land.

8 If YAH delight in us, then he will bring us into this land, and give it us; a land which floweth with milk and honey.

9 Only rebel not ye against YAH, neither fear ye the people of the land; for they are bread for us: their defence is departed from them, and YAH is with us: fear them not.

10 But all the congregation bade stone them with stones. And the glory of YAH appeared in the tabernacle of the congregation before all the children of Israel.

11 And YAH said unto Moses, How long will this people provoke me? and how long will it be ere they believe me, for all the signs which I have shewed among them?

12 I will smite them with the pestilence, and disinherit them, and will make of thee a greater nation and mightier than they.

13 And Moses said unto YAH, Then the Egyptians shall hear it, (for thou broughtest up this people in thy might from among them;)

14 And they will tell it to the inhabitants of this land: for they have heard that thou YAH art among this people, that thou YAH art seen face to face, and that thy cloud standeth over them, and that thou goest before them, by day time in a pillar of a cloud, and in a pillar of fire by night.

15 Now if thou shalt kill all this people as one man, then the nations which have heard the fame of thee will speak, saying,

16 Because YAH was not able to bring this people into the land which he sware unto them, therefore he hath slain them in the wilderness.

17 And now, I beseech thee, let the power of my Lord be great, according as thou hast spoken, saying,

18 The YAH is longsuffering, and of great mercy, forgiving iniquity and transgression, and by no means clearing the guilty, visiting the iniquity of the fathers upon the children unto the third and fourth generation.

19 Pardon, I beseech thee, the iniquity of this people according unto the greatness of thy mercy, and as thou hast forgiven this people, from Egypt even until now.

20 And YAH said, I have pardoned according to thy word:

21 But as truly as I live, all the earth shall be filled with the glory of YAH. 22 Because all those men which have seen my glory, and my miracles, which I did in Egypt and in the wilderness, and have tempted me now these ten times, and have not hearkened to my voice;

23 Surely they shall not see the land which I swear unto their fathers, neither shall any of them that provoked me see it:

24 But my servant Caleb, because he had another spirit with him, and hath followed me fully, him will I bring into the land whereinto he went; and his seed shall possess it.

25 (Now the Amalekites and the Canaanites dwelt in the valley.) To morrow turn you, and get you into the wilderness by the way of the Red sea.

26 And YAH spake unto Moses and unto Aaron, saying,

27 How long shall I bear with this evil congregation, which murmur against me? I have heard the murmurings of the children of Israel, which they murmur against me.

28 Say unto them, As truly as I live, saith YAH, as ye have spoken in mine ears, so will I do to you:

29 Your carcases shall fall in this wilderness; and all that were numbered of you, according to your whole number, from twenty years old and upward, which have murmured against me,

30 Doubtless ye shall not come into the land, concerning which I swear to make you dwell therein, save Caleb the son of Jephunneh, and Joshua the son of Nun.

31 But your little ones, which ye said should be a prey, them will I bring in, and they shall know the land which ye have despised.

32 But as for you, your carcases, they shall fall in this wilderness.

33 And your children shall wander in the wilderness forty years, and bear your whoredoms, until your carcases be wasted in the wilderness.

34 After the number of the days in which ye searched the land, even forty days, each day for a year, shall ye bear your iniquities, even forty years, and ye shall know my breach of promise.

35 I YAH have said, I will surely do it unto all this evil congregation, that are gathered together against me: in this wilderness they shall be consumed, and there they shall die.

36 And the men, which Moses sent to search the land, who returned, and made all the congregation to murmur against him, by bringing up a slander upon the land,

37 Even those men that did bring up the evil report upon the land, died by the plague before YAH.

38 But Joshua the son of Nun, and Caleb the son of Jephunneh, which were of the men that went to search the land, lived still.

39 And Moses told these sayings unto all the children of Israel: and the people mourned greatly.

40 And they rose up early in the morning, and gat them up into the top of the mountain, saying, Lo, we be here, and will go up unto the place which YAH hath promised: for we have sinned.

41 And Moses said, Wherefore now do ye transgress the commandment of YAH? but it shall not prosper.

42 Go not up, for YAH is not among you; that ye be not smitten before your enemies.

43 For the Amalekites and the Canaanites are there before you, and ye shall fall by the sword: because ye are turned away from YAH, therefore YAH will not be with you.

44 But they presumed to go up unto the hill top: nevertheless the ark of the covenant of YAH, and Moses, departed not out of the camp.

45 Then the Amalekites came down, and the Canaanites which dwelt in that hill, and smote them, and discomfited them, even unto Hormah.

Is YAH's rest the entire land of Israel? (Deu 25:13-18)

Deuteronomy 25:13 Thou shalt not have in thy bag divers weights, a great and a small.

14 Thou shalt not have in thine house divers measures, a great and a small.

15 But thou shalt have a perfect and just weight, a perfect and just measure shalt thou have: that thy days may be lengthened in the land which YAH thy Elohim giveth thee.

16 For all that do such things, and all that do unrighteously, are an abomination unto YAH thy Elohim.

17 Remember what Amalek did unto thee by the way, when ye were come forth out of Egypt;

18 How he met thee by the way, and smote the hindmost of thee, even all that were feeble behind thee, when thou wast faint and weary; and he feared not Elohim.

Will Israel have rest from all their enemies in YAH's rest? (Deu 25:19, Deu 12:10 - 14)

19 Therefore it shall be, when YAH thy Elohim hath given thee rest from all thine enemies round about, in the land which YAH thy Elohim giveth thee for an inheritance to possess it, that thou shalt blot out the remembrance of Amalek from under heaven; thou shalt not forget it.

Deuteronomy 12:10 But when ye go over Jordan, and dwell in the land which YAH your Elohim giveth you to inherit, and when he giveth you rest from all your enemies round about, so that ye dwell in safety;

11 Then there shall be a place which YAH your Elohim shall choose to cause his name to dwell there; thither shall ye bring all that I command you; your burnt offerings, and your sacrifices, your tithes, and the heave offering of your hand, and all your choice vows which ye vow unto YAH:

12 And ye shall rejoice before YAH your Elohim, ye, and your sons, and your daughters, and your menservants, and your maidservants, and the Levite that is within your gates; forasmuch as he hath no part nor inheritance with you.

13 Take heed to thyself that thou offer not thy burnt offerings in every place that thou seest:

14 But in the place which YAH shall choose in one of thy tribes, there thou shalt offer thy burnt offerings, and there thou shalt do all that I command thee.

What are some of the promises of entering into YAH's rest? (Isa 14:1-4, Rev 21:3-4, Isa 60:1-22)

Isaiah 14:1 For YAH will have mercy on Jacob, and will yet choose Israel, and set them in their own land: and the strangers shall be joined with them, and they shall cleave to the house of Jacob.

2 And the people shall take them, and bring them to their place: and the house of Israel shall possess them in the land of YAH for servants and handmaids: and they shall take them captives, whose captives they were; and they shall rule over their oppressors.

3 And it shall come to pass in the day that YAH **shall give thee rest from thy sorrow, and from thy fear, and from the hard bondage** wherein thou wast made to serve,

4 That thou shalt take up this proverb against the king of Babylon, and say, How hath the oppressor ceased! the golden city ceased!

5 The YAH hath broken the staff of the wicked, and the sceptre of the rulers.

Revelation 21:3 And I heard a great voice out of heaven saying, Behold, the tabernacle of Elohim is with men, **and he will dwell with them, and they shall be his people**, and Elohim himself shall be with them, and be their Elohim.

4 And Elohim **shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain:** for the former things are passed away.

PRAISE TO THE LAND WHEN YAH ENTERS

Isaiah 60:1 Arise, shine; for thy light is come, and the glory of YAH is risen upon thee.

2 For, behold, the darkness shall cover the earth, and gross darkness the people: but YAH shall arise upon thee, and his glory shall be seen upon thee.
3 And the Gentiles shall come to thy light, and kings to the brightness of thy rising.
4 Lift up thine eyes round about, and see: all they gather themselves together, they come to thee: thy sons shall come from far, and thy daughters shall be nursed at thy side.
5 Then thou shalt see, and flow together, and thine heart shall fear, and be enlarged; because the abundance of the sea shall be converted unto thee, the forces of the Gentiles shall come unto thee.
6 The multitude of camels shall cover thee, the dromedaries of Midian and Ephah; all they from Sheba shall come: they shall bring gold and incense; and they shall shew forth the praises of YAH.
7 All the flocks of Kedar shall be gathered together unto thee, the rams of Nebaioth shall minister unto thee: they shall come up with acceptance on mine altar, and I will glorify the house of my glory.
8 Who are these that fly as a cloud, and as the doves to their windows?

YAH's People are entered into His Rest

9 Surely the isles shall wait for me, and the ships of Tarshish first, **to bring thy sons from far, their silver and their gold with them**, unto the name of YAH thy Elohim, and to the Holy One of Israel, because he hath glorified thee.

THE SONS OF STRANGERS SHALL REBUILD ZION

10 And the sons of strangers shall build up thy walls, and their kings shall minister unto thee: for in my wrath I smote thee, but in my favour have I had mercy on thee.
11 Therefore thy gates shall be open continually; they shall not be shut day nor night; that men may bring unto thee the forces of the Gentiles, and that their kings may be brought.
12 For the nation and kingdom that will not serve thee shall perish; yea, those nations shall be utterly wasted.
13 The glory of Lebanon shall come unto thee, the fir tree, the pine tree, and the box together, to beautify the place of my sanctuary; and I will make the place of my feet glorious.
14 The sons also of them that afflicted thee shall come bending unto thee; and all they that despised thee shall bow themselves down at the soles of thy feet; and they shall call thee, The city of YAH, The Zion of the Holy One of Israel.
15 Whereas thou hast been forsaken and hated, so that no man went through thee, I will make thee an eternal excellency, a joy of many generations.
16 **Thou shalt also suck the milk of the Gentiles, and shalt suck the breast of kings: and thou shalt know that I YAH am thy Saviour and thy Redeemer, the mighty One of Jacob.**

(YAH will make the place of his feet glorious)

17 **For brass I will bring gold, and for iron I will bring silver, and for wood brass, and for stones iron: I will also make thy officers peace, and thine exactors righteousness.**
18 **Violence shall no more be heard in thy land, wasting nor destruction within thy borders; but thou shalt call thy walls Salvation, and thy gates Praise.**
19 **The sun shall be no more thy light by day; neither for brightness shall the moon give light unto thee: but YAH shall be unto thee an everlasting light, and thy Elohim thy glory.**
20 **Thy sun shall no more go down; neither shall thy moon withdraw itself: for YAH shall be thine everlasting light, and the days of thy mourning shall be ended.**

ALL THE CITIZENS SHALL BE RIGHTEOUS

21 Thy people also shall be all righteous: they shall inherit the land for ever, the branch of my planting, the work of my hands, that I may be glorified.

22 A little one shall become a thousand, and a small one a strong nation: I YAH will hasten it in his time.

Isaiah 66:1 Thus saith YAH, The heaven is my throne, and the earth is my footstool: where is the house that ye build unto me?

and where is the place of my rest? (PS 132:13-14)

2 For all those things hath mine hand made, and all those things have been, saith YAH: but to this man will I look, even to him that is poor and of a contrite spirit, and trembleth at my word.

3 He that killeth an ox is as if he slew a man; he that sacrificeth a lamb, as if he cut off a dog's neck; he that offereth an oblation, as if he offered swine's blood; he that burneth incense, as if he blessed an idol. Yea, they have chosen their own ways, and their soul delighteth in their abominations.

4 I also will choose their delusions, and will bring their fears upon them; because when I called, none did answer; when I spake, they did not hear: but they did evil before mine eyes, and chose that in which I delighted not.

5 Hear the word of YAH, ye that tremble at his word; Your brethren that hated you, that cast you out for my name's sake, said, Let YAH be glorified: but he shall appear to your joy, and they shall be ashamed.

6 A voice of noise from the city, a voice from the temple, a voice of YAH that rendereth recompence to his enemies.

7 Before she travailed, she brought forth; before her pain came, she was delivered of a man child.

8 Who hath heard such a thing? who hath seen such things? Shall the earth be made to bring forth in one day? or shall a nation be born at once? for as soon as Zion travailed, she brought forth her children.

9 Shall I bring to the birth, and not cause to bring forth? saith YAH: shall I cause to bring forth, and shut the womb? saith thy Elohim.

10 Rejoice ye with Jerusalem, and be glad with her, all ye that love her: rejoice for joy with her, all ye that mourn for her:

11 That ye may suck, and be satisfied with the breasts of her consolations; that ye may milk out, and be delighted with the abundance of her glory.

12 For thus saith YAH, Behold, I will extend peace to her like a river, and the glory of the Gentiles like a flowing stream: then shall ye suck, ye shall be borne upon her sides, and be dandled upon her knees.

13 As one whom his mother comforteth, so will I comfort you; and ye shall be comforted in Jerusalem.

14 And when ye see this, your heart shall rejoice, and your bones shall flourish like an herb: and the hand of YAH shall be known toward his servants, and his indignation toward his enemies.

YAH CLEANS THE LAND

15 For, behold, YAH will come with fire, and with his chariots like a whirlwind, to render his anger with fury, and his rebuke with flames of fire.

16 For by fire and by his sword will YAH plead with all flesh: and the slain of YAH shall be many.

17 They that sanctify themselves, and purify themselves in the gardens behind one tree in the midst, **eating swine's flesh**, and the abomination, and the mouse, shall be consumed together, saith YAH.

18 For I know their works and their thoughts: it shall come, that I will gather all nations and tongues; and they shall come, and see my glory.

YAH SENDS THE ESCAPED OF THE NATIONS INTO ALL NATIONS TO DECLARE HIS GLORY AND TO BRING IS SONS

19 And I will set a sign among them, and I will send those that escape of them unto the nations, to Tarshish, Pul, and Lud, that draw the bow, to Tubal, and Javan, to the isles afar off, that have not heard my fame, neither have seen my glory; and they shall declare my glory among the Gentiles.

20 And they shall bring all your brethren for an offering unto YAH out of all nations upon horses, and in chariots, and in litters, and upon mules, and upon swift beasts, to my holy mountain Jerusalem, saith YAH, as the children of Israel bring an offering in a clean vessel into the house of YAH.

21 And I will also take of them for priests and for Levites, saith YAH.

22 For as the new heavens and the new earth, which I will make, shall remain before me, saith YAH, so shall your seed and your name remain.

23 And it shall come to pass, that from one new moon to another, and from one sabbath to another, shall all flesh come to worship before me, saith YAH.

24 And they shall go forth, and look upon the carcasses of the men that have transgressed against me: for their worm shall not die, neither shall their fire be quenched; and they shall be an abhorring unto all flesh.

Am 9:11 (KJV) In that day will I raise up the tabernacle of David that is fallen, and close up the breaches thereof; and I will raise up his ruins, and I will build it as in the days of old:

12 That they may possess the remnant of Edom, and of all the heathen, which are called by my name, saith the LORD that doeth this.

13 Behold, the days come, saith the LORD, that the plowman shall overtake the reaper, and the treader of grapes him that soweth seed; and the mountains shall drop sweet wine, and all the hills shall melt.

14 And I will bring again the captivity of my people of Israel, and they shall build the waste cities, and inhabit *them*; and they shall plant vineyards, and drink the wine thereof; they shall also make gardens, and eat the fruit of them.

15 And I will plant them upon their land, and they shall no more be pulled up out of their land which I have given them, saith the LORD thy God.

YAH REST IN HIS PEOPLE

The body of Christ the temple

John 2:19 Jesus answered and said unto them, Destroy this temple, and in three days I will raise it up.

20 Then said the Jews, Forty and six years was this temple in building, and wilt thou rear it up in three days?

21 **But he spake of the temple of his body.**

Matthew 26:61 And said, This fellow said, I am able to destroy the temple of Elohim, and to build it in three days.

WE ARE THE TEMPLE

1 Corinthians 3:16 Know ye not that **ye are the temple of Elohim, and that the Spirit of Elohim dwelleth in you?**

17 If any man defile the temple of Elohim, him shall Elohim destroy; for the temple of Elohim is holy, which temple ye are.

2 Corinthians 6:16 And what agreement hath the temple of Elohim with idols? for ye are the temple of the living Elohim; as Elohim hath said, I will dwell in them, and walk in them; and I will be their Elohim, and they shall be my people.

Romans 8:8 So then they that are in the flesh cannot please Elohim.

9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of Elohim dwell in you. Now if any man have not the Spirit of Christ, he is none of his.

10 And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.

11 But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.

12 Therefore, brethren, we are debtors, not to the flesh, to live after the flesh.

13 For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live.

14 **For as many as are led by the Spirit of Elohim, they are the sons of Elohim.**

Hebrews 3:1 Wherefore, holy brethren, partakers of the heavenly calling, consider the Apostle and High Priest of our profession, Christ Jesus;

2 Who was faithful to him that appointed him, as also Moses was faithful in all his house.

3 For this man was counted worthy of more glory than Moses, inasmuch as he who hath builded the house hath more honour than the house.

4 For every house is builded by some man; but he that built all things is Elohim.

5 And Moses verily was faithful in all his house, as a servant, for a testimony of those things which were to be spoken after;

6 But Christ as a son over his own house; whose house are we, if we hold fast the confidence and the rejoicing of the hope firm unto the end.

7 Wherefore (as the Holy Ghost saith, To day if ye will hear his voice,

8 Harden not your hearts, as in the provocation, in the day of temptation in the wilderness:

9 When your fathers tempted me, proved me, and saw my works forty years.

10 Wherefore I was grieved with that generation, and said, They do alway err in their heart; and they have not known my ways.

11 So I sware in my wrath, They shall not enter into my rest.)

12 Take heed, brethren, lest there be in any of you an evil heart of unbelief, in departing from the living Elohim.

13 But exhort one another daily, while it is called To day; lest any of you be hardened through the deceitfulness of sin.

14 For we are made partakers of Christ, if we hold the beginning of our confidence stedfast unto the end;

15 While it is said, To day if ye will hear his voice, harden not your hearts, as in the provocation.

16 For some, when they had heard, did provoke: howbeit not all that came out of Egypt by Moses.

17 But with whom was he grieved forty years? was it not with them that had sinned, whose carcasses fell in the wilderness?

18 And to whom sware he that they should not enter into his rest, but to them that believed not?
19 So we see that they could not enter in because of unbelief.

Hebrews 4:1 Let us therefore fear, lest, a promise being left us of entering into his rest, any of you should seem to come short of it.

2 **For unto us was the gospel preached, as well as unto them:** but the word preached did not profit them, not being mixed with faith in them that heard it.

3 **For we which have believed do enter into rest, as he said, As I have sworn in my wrath, if they shall enter into my rest: although the works were finished from the foundation of the world.**

4 For he spake in a certain place of the seventh day on this wise, And Elohim did rest the seventh day from all his works.

5 **And in this place again, If they shall enter into my rest.**

6 **Seeing therefore it remaineth that some must enter therein,** and they to whom it was first preached entered not in because of unbelief:

7 Again, he limiteth a certain day, saying in David, To day, after so long a time; as it is said, To day if ye will hear his voice, harden not your hearts.

8 **For if Jesus had given them rest, then would he not afterward have spoken of another day.**

9 **There remaineth therefore a rest to the people of Elohim.**

10 **For he that is entered into his rest, he also hath ceased from his own works, as Elohim did from his.**

11 **Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief.**

12 For the word of Elohim is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discernor of the thoughts and intents of the heart.

13 Neither is there any creature that is not manifest in his sight: but all things are naked and opened unto the eyes of him with whom we have to do.

14 Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of Elohim, let us hold fast our profession.

15 For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin.

16 Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

THE HEAVENLY JERUSALEM IS ZION

Hebrews 12:22 **But ye are come unto mount Sion, and unto the city of the living Elohim, the heavenly Jerusalem,** and to an innumerable company of angels,

23 To the general assembly and church of the firstborn, which are written in heaven, and to Elohim the Judge of all, and to the spirits of just men made perfect,

24 And to Jesus the mediator of the new covenant, and to the blood of sprinkling, that speaketh better things than that of Abel.

25 See that ye refuse not him that speaketh. For if they escaped not who refused him that spake on earth, much more shall not we escape, if we turn away from him that speaketh from heaven:

26 Whose voice then shook the earth: but now he hath promised, saying, Yet once more I shake not the earth only, but also heaven.

27 And this word, Yet once more, signifieth the removing of those things that are shaken, as of things that are made, that those things which cannot be shaken may remain.

28 Wherefore we receiving a kingdom which cannot be moved, let us have grace, whereby we may serve Elohim acceptably with reverence and godly fear:

29 For our Elohim is a consuming fire.